

## **New Coaching short courses starting soon**

Milpark Business School is proud to announce the launch of two new business and life coaching short courses at our Melville Campus.

These courses are offered in association with Dr Antoinette Gmeiner and Dr Sandra Perkins, who are both Master Executive Coaches, specializing in team coaching and strategic planning for EXCOs and Boards. They have been doing team coaching for more than eleven years, and are the managers of an Internal Team Coaching programme for the Orion Group.

Two options are available:

### ***Leader-Manager as Coach (three days):***

Lectures start on 20 August and students will attend two further one-day sessions 17 September and 15 October 2010.

[Click here](#) for more information on the programme content.

### ***Business and Life Skills Coaching (seven days):***

Lectures start on 5 and 6 August and students will attend two further two-day blocks on 2 and 3 September and 7 and 8 October 2010.

[Click here](#) for more information on the programme content.

The seven day course is presented at NQF level 5 and the purpose of this programme is to provide students with the knowledge base that equips them to provide business and life coaching on a line management level, and life coaching on an individual level. The purpose of the three day course is to empower line managers to use coaching as a performance enhancer, and to develop a conceptual framework for a coaching action plan.

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